

CFBX Program Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 AM	The Woodsongs Radio Hour Folk/Roots	Tony's World of Folk Folk	Uptown Bluegrass Bluegrass	Art of the Song Music/Interviews	Hurtin' for Real Roots/Country		
9 AM	The Swing of Things Jazz	Tony's World of Folk Folk	Morning Munch Eclectic	The Woodsongs Radio Hour Folk/Roots	Putumayo World Music Hour Worldbeat		Gospel Hour Gospel
10 AM	WFMT Music Specials Classical/Jazz	Classics With Art Classical	Swing Session Jazz	Music and the Muse Classical/Poetry	Classical Connections Classical		Sundays on the X Easy Listening/Folk
11 AM	WFMT Music Specials Classical/Jazz	Classics With Art Classical	Swing Session Jazz	Music and the Muse Classical/Poetry	Classical Connections Classical	Putumayo World Music Hour Worldbeat	Called to Love Christian
12 PM	On the Dope Talk (drug issues)	Democracy Now Talk (politics)	TRU Talk Radio Talk (TRU)	Alert Radio Talk (News/Culture)	Network Europe Talk (Europe)	The Top 30 Show New Music	Sargam Hindi
1 PM	The Liberty Report Talk (Social Justice)	All Nations Power Hour First Nations	Reality Check Talk (politics)	The Malavika Show Talk/Music	Raidotepec Latin	The Hangover Eclectic	Desi Attack Banghra/Bollywood
2 PM	Indie Can Radio Canadian	Conversely Talk (Poetry)	Deconstructing Dinner Talk (Food issues)	Let's Get Baked Talk (Cooking and Music)	Radio Goethe German	TBA	Anime-d in Japan Japanese
3 PM	Chasin' the Train Jazz	CFBX Canadian Talent Showcase Interviews and Music	Community Connections Talk (Kamloops)	World of Possibilities Talk	The Buffalo Gals Country/Folk	TBA	Anime-d in Japan Japanese
4 PM	Stormy Monday Blues	Blues Boogie and Bop Blues	Backstreet Blues Blues	Mind the Gap Rock/Pop	The Wing and a Prayer Show Comedy	Celtic Connection Celtic	For the Hearing Prepared Eclectic
5 PM	Prog Dog Progressive Rock	Rick Around the World Worldbeat	Jazz Notes Jazz	TBA	Jazz on the Rocks Jazz	Celtic Connection Celtic	Area 51 Worldbeat
6 PM	Prog Dog Progressive Rock	Rick Around the World Worldbeat	Jazz Notes Jazz	Pushing the Buttons Eclectic	Jazz on the Rocks Jazz	Musical Memories Oldies/Folk	Interesting Things Talk (science)
7 PM	A Miracle Rock/Eclectic	The Trainwreck Radio Show Punk/Psychobilly	Ska on the X Ska	Highway 61 - The Blues Highway Blues	Mitchell Forgie Presents Eclectic	TBA	Gripes of Wrath Talk/Music
8 PM	The Amature Hour Rock/Eclectic	Untitled Eclectic	Bazooka Bear Sound Cathedral Eclectic	New Noise Punk/Metal	Do Not Touch This Amp Experimental	Hip Hop Shop Hip Hop	Grizzly Radio Talk (economics/politics)
9 PM	Hostage Radio Punk/Underground	Running with Scissors Rock/Eclectic	Germicide Punk	Spinning in the Room Eclectic/Retro	New Directions at Night Eclectic	Revenge of the Radio Rock/Eclectic	Black, Stock and Two Smoking Barrells Rock
10 PM	Electric Blender Electronic	Broken Glass Punk		This Microphone Smells Rock			
11 PM							

Programmer Profile

Davis Kambeitz
New Noise – Thursdays 8-9 PM

Davis is a relative newcomer to CFBX but is already deeply involved in his show and in the hard rock and punk scene in Kamloops. "New Noise" hit the airwaves on August 6th, 2009.

Originally from Taber, Alberta, Davis moved to Kamloops in



spring 2009 and got involved in CFBX soon afterwards after another volunteer at the station suggested he get involved. "New Noise" focuses on metal, punk, hard rock and, above all, "good music and giving bands the opportunity to be heard."

"I want my show to represent hard music in Kamloops and area. I'm going to do as many interviews as I can and always play fresh tunes from touring bands", said Davis.

Davis has already interviewed Vancouver metal band Quartered, who are often in the Kamloops area playing shows, and has plans to interview even more bands in the future.

Davis says campus radio is a place where people with "taste in music" can hear good music. "It's the one medium where you can tune in and explore new, exciting bands without hearing the same redundancy that goes over commercial airwaves", said Davis.

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TRU AND KAMLOOPS' FIRST CAMPUS AND COMMUNITY STATION



CFBX Radio
92.5 FM 106.1 Cable
www.thex.ca

February 2010
FREE!

Station Update

by Steve Marlow, CFBX Programming Coordinator

Welcome to our first issue of 2010. Again, we look forward to providing you with another year of great programming.

As we do at the end of every year, we have published the Top 100 albums of 2009 up on our website at www.thex.ca. These albums were compiled from our weekly Top 30 album charts, which are based on airplay from our programmers. So, if they liked something, it got played, and the more it got played, the higher it charted. You can also check out the Top 25 albums in seven different genres (from jazz

to metal) and our own programmer's picks for Top 10 albums of the year!

We also awarded our Year End Awards. The programmer of the year award, as voted on by station volunteers, went to Cayman Duncan, host of "Mind the Gap" (Thursdays 4-5 PM). Runners up were Gerard Latuadhi, host of "Hostage Radio" (Mondays 9-10 PM) and Gene McDonnell, host of "Celtic Connections" (Saturdays 4-6 PM). Volunteer of the year, as chosen by station management, went to Brian Saunderson, host of "Hurtin' for Real" (Fridays 8-9 AM), for the second year in a row. Runners up were Tom Graham, host of "The Gospel Hour" (Sundays 9-10 AM) and Vince Almond, host of "Blues, Boogie and Bop" (Tuesdays 4-5 PM). Congratulations to all our winners!

Remember, CFBX is volunteer run, so we are always in need of volunteers. You can learn new job skills, plus it's a lot of fun! We especially need morning hosts and anyone interested in programming in a language other than English, with a special need for French programming. Just call us at (250) 318-7562 or email to radio@tru.ca for more information.

February Concert Listings

Feb 02: Duo #2, Pogue Mahone Pub, 8PM
Feb 02: Redgy Blackout, The Commodore, 7PM
Feb 04: Ben Nielsen, Hoodoos Bar and Grill, 6PM
Feb 05: Gary Fjellgaard, North Shore Community Centre (730 Cottonwood Ave.), 7:30PM, Tix: \$20
Feb 05: James Wolf, Chances Barside Lounge, 8PM
Feb 05: Duo #2, Young Oppression, The Loft, 7:30PM, Tix: \$7
Feb 05 & 06: Young'uns, Blue Grotto, 8PM
Feb 06: Fattooth, Remove The Doubt, Pogue Mahone Pub, 8PM, Tix: \$5
Feb 06: Goodbye Beatdown, Masa's Bar and Grill (Sun Peaks), 9PM, Tix: \$10
Feb 06: Alamagokus, The Legion (425 Lansdowne St.), 8PM, Tix: \$6 (\$5 with food bank donation)
Feb 09: Mickael Maddison & Chris Brock, Pogue Mahone Pub, 9PM, Tix: Free
Feb 11: Johnson Sandwich, Hoodoos Bar and Grill, 6PM
Feb 12: Gyibaaw, Deadriver Wasteland, Damned Grave, Little Big House (128 Columbia St.), 4PM, Tix: \$5
Feb 12: Fields of Green, Sharks! On Fire!, Circa Fiasco, The Loft, 7:30PM, Tix: \$8
Feb 12: Margit Bull, Chances Barside Lounge, 8PM
Feb 12 & 13: Halo, Blue Grotto, 8PM

Feb 12 & 13: Kamloops Symphony Orchestra feat. Denzal Sinclair, Sagebrush Theatre, 7:30PM, Tix: \$34, \$30(Sr.), \$15(Student/Youth)
Feb 13: Matt Stanley and the Decoys, Pogue Mahone Pub, 8PM, Tix: \$5
Feb 13: Mo Jazz feat. Lynn Roste and Michelle Marginet, The Loft, 7:30PM, Tix: \$20
Feb 14: Prairie Oyster, Kamloops Convention Centre, 8PM, Tix: \$45
Feb 16: Manuela, The Commodore, 7PM
Feb 18: Dale Rasmussen, Hoodoos Bar and Grill, 6PM
Feb 18: Matt Blais, Pogue Mahone Pub, 8PM
Feb 19: Swing, Kamloops Convention Centre, 8PM, Tix: \$28 (Adv: \$23-Adults, \$12-Teens)
Feb 19: Kelley Spencer & Jim Cochrane, Chances Barside Lounge, 8PM
Feb 19 & 20: FourPlay, Blue Grotto, 8PM
Feb 23: The Expos, Duo #2, Pogue Mahone Pub, 8PM
Feb 23: Matt Blais, The Commodore, 7PM
Feb 25: Margit Bull, Hoodoos Bar and Grill, 6PM
Feb 25: The Cottars, Clocktower (TRU Campus), 12:30PM, Tix: Free
Feb 26: Catharine Dochstader, Annette Dominik, Cvetozar Vutev, Wiktor Lebeda, Calvary Community Church, 7:30PM, Tix: \$22, \$10(Student/Youth)
Feb 26: Henry Small and the 'R' Brothers, Chances

Barside Lounge, 8PM
Feb 26 & 27: The Goods, Blue Grotto, 8PM
Feb 26 & 27: Shane Phillips, Masa's Bar and Grill (Sun Peaks), Tix: \$10
Feb 27: PainReborn, Dead Eyes Open, Pogue Mahone Pub, 8PM, Tix: \$5
Feb 28: Fetus Grinder, R.O.C. Damned Grave, Young Oppression, Dysphoria, Pogo Pope, Little Big House (128 Columbia St.), 4PM, Tix: \$5

Do you have a musical event you want promoted?

Index lists local concerts for free!

Just email the information to index@thex.ca and we'll get it in the next issue.

**CFBX Charts to
January 29, 2010**

* indicates Canadian Content
** indicates a local artist

- 1) Sonic Avenues* - Sonic Avenues (Going Gaga)
- 2) Courtney Farquhar* - Nowhere I'd Rather Be (Independent)
- 3) Lee Fields - My World (Do Right!)
- 4) Oliver Jones/Hank Jones* - Pleased to Meet You (Justin Time)
- 5) The Parkas* - You Should Have Killed Us When You Had the Chance (Saved by Radio)
- 6) Converge - Axe to Fall (Epitaph)
- 7) Flight of the Conchords - I Told You I Was Freaky (Sub Pop)
- 8) Joey Kitson* - Stan (Ground Swell)
- 9) Sea Wolf - White Water, White Bloom (Dangerbird)
- 10) Bluesmyth* - Sola Gratia (Independent)
- 11) Tommy T - The Prester John Sessions (Easy Star)
- 12) Tune-Yards - Bird-Brains (Rough Trade)
- 13) Mike Hopkins* - The Spanish Waiter (Independent)
- 14) JC Campbell* - Lazy James (Strongfront)
- 15) Tom Waits - Glitter and Doom Live (Anti)
- 16) Damned Grave** - The Eternal Sea (Independent)
- 17) Nick LaRiviere* - Too Much to Do (Cellar Live)
- 18) Headlights - Wildlife (Polyvinyl)
- 19) CFCF* - Continent (Paper Bag)
- 20) Patrick Bloom - Ghosts of Radio (Mud Dauber)
- 21) X-Sonic - Synthetic Heart (Zero-One)
- 22) The Constellations* - Night Terrors (Independent)
- 23) Chasing Bright Lights* - Stones and Feathers (Independent)
- 24) Corb Lund* - Losin' Lately Gambler (New West)
- 25) Fieldtrip* - No Destination (Addo)
- 26) Various Artists* - OH! Compilation One (Open House)
- 27) Aaron Cadwaladr* - Wade Through the Dark (Independent)
- 28) Chuck Prophet - Let Freedom Ring (Yep Roc)
- 29) The Secretaries* - The Secretaries (Independent)
- 30) Crooked Brothers* - Deathbed Pillowtalk (Transistor 66)

**Jazz Notes Falling Like
Autumn Leaves in
Kamloops**

By Jim Dupuis

There were plenty of jazz notes being played throughout the fall in Kamloops. On September 22, Mark DeJong and the Outer Bridge Ensemble played in the Commodore to a small audience. Saxophonist Mark DeJong commented "the main characteristic is that we are improvised and there is a collective feel about it. One of the most common comments that come back to the band, especially in our live performances is that we play as a unit and we are not just four or five individuals up there just playing jazz tunes. We are really more interested in playing and exploring the collective possibilities." The band played selections from keyboard player Steve Hudson's catalogue, along with the two Outer Bridge Ensembles CDs and they indeed do play as a unit. They played two excellent sets at the Commore before continuing on with their very successful western Canadian tour. DeJong teaches Jazz Studies at the University of Saskatchewan in Saskatoon. The others are from the New Jersey/New York area, with the exception of Canadian Simon Fisk on bass, who was enlisted for this leg of the tour. Their latest release *The Unknown* was nominated for a WCMA award.

Friday and Saturday Nov. 20-21 saw Leisure Suite's Mike Turner and Cathi Marshall hosted two sold out shows in the intimate Loft. The band also included Richard Graham, who provided the solid beat on drums and harmonies with background vocals. Leisure Suite lays down funk and jazz grooves in a pop context and has a strong local following. They have been working on some new tunes and they provided a glimpse of what will be on their new CD which is slated for release some time next year. They also filled out the show with selections from their two previ-



ous CDs and a diverse selection of cover tunes involving some interesting arrangements. Turner is a multi-instrumentalist and Marshall's exquisite vocals are somehow heightened by her vulnerable stage presence. On Friday the audience was given an added treat, when they were joined by guitarist Kris Ruston.

One week after Remembrance Day, the women from Company Jump brought their Andrews Sisters Tribute to the Sagebrush Theatre to relive the music of the Second World War years. Dressed in military uniforms, Andrea Isaak, Nadine Tremblay and Marie West sang, danced and talked their way through a story line that covered the careers of the sisters. They "enlisted" unsuspecting men from the audience for a bit of military training and thrilled the audience with songs such as "Boogie Woogie Bugle Boy," "Don't Sit Under the Apple Tree," and other popular songs form the 1940's. The mostly senior audience gave them a standing ovation and many left with tears in their eyes. Earlier in the day they gave a live a

capella performance during an interview with Jack Pollard on The X. Hopefully the jazz notes will continue in 2010.

Listen to Jazz Notes with Jim 5-7 PM on The X



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On the Internet: Go to www.thex.ca and click on the tower graphic on the main page. Download Winamp if needed.

Volunteer at CFBX
CFBX is a campus/community radio station run entirely by volunteers. If you want to get involved on air or off air, we need you! Drop by the station at House 8 on the TRU Campus (behind the Campus Activity Centre) and fill out an application. Volunteer at the X and make your mark!

Terra Grimard Review

By B. N. Massey

Terra Grimard stops time with devastatingly beautiful vocals and uplifting melodies.

Grimard has released three EP's in the past and is now touring with her first full length album. Her first stop was a performance at a local venue in Kamloops B.C. called The Art We Are.

She opened the show with her band without doing an introduction but the sound of her voice was enough to quickly silence the crowd. After she finished the song she bantered a bit with the locals in the audience and completed the introduction for the members in her band.

"I spent a long time traveling—I spent probably a couple of years just traveling and working on boats so I've realized that a lot of my writing came to me while I was on boats," Grimard said, "So, there is a lot of references to water."

There are similarities in styles shared between Grimard's music that sounds like a combination of Fiona Joy Hawkins, Imogen Heap, and Regina Spektor – seemingly less haunted but equally strong and uplifting.

The tour will continue to move along throughout B.C. until Grimard returns to her current home in Vancouver with the two other musicians who are accompanying her throughout the tour. She was accompanied by performers, Kristopher Ruston on percussion and Noah Walker on guitar. One member of the band stayed home with his partner and their newborn child.

Grimard invited the audience to tap their feet or arms or learn to hum a melody to participate as the background for a song called, 'Unconventional Shining'. The atmosphere changed immediately and the audience engaged in this dramatic and fun aspect of the show. When it ended people smiled and laughed and somebody shouted, "Try it again!"

There was a buzz in the air and a



mixture of all ages who attended this intimate show. People gathered in the audiences on couches, rocking chairs, and stools among the art, the music, and the people. The sounds from the band filled the air with a gentle but strong following. Slow and steady rhythms that are accompanied by upbeat sounds will stimulate and ensnare your senses.

The show included songs from previous EP's, the new album, and her sister, Carly Grimard who is featured on the newly released album. Grimard was modest but confident and friendly at the show, she spent time talking to the audience after performing an encore.

"I don't know if you've tried it but the food here's delicious" Grimard said, as she happily concluded, "Finally there is somewhere that is supporting the arts."